

# Mitchell EMC



The news  
you need to  
know in  
5 minutes!

CAMILLA, GEORGIA  
[www.mitchellemc.com](http://www.mitchellemc.com)



## Remember to #ThankALineworker on April 13

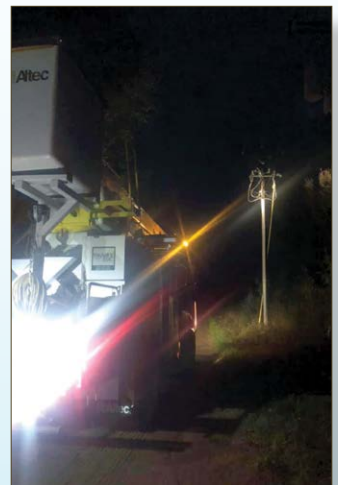
Lineworkers serve on the frontlines of our nation's energy needs, and on April 13, 2020, Mitchell EMC, along with other electric cooperatives across the country, will honor the brave men and women who work hard to keep the lights on.

Line crews work around the clock, sometimes in difficult and dangerous conditions, to keep power flowing to our local communities. Whether they're restoring power after a major storm or maintaining critical infrastructure to our electric system, lineworkers are at the heart of our co-op.

When a storm hits, they set aside their personal priorities because Mother Nature doesn't work around holidays, vacations and birthdays. A service-oriented mentality is one of the many admirable characteristics of an electric lineworker.

Mitchell EMC is proud to honor the 49 lineworkers that maintain 5,573 miles of power lines in our service territory.

Mitchell EMC invites all co-op members to take a moment and thank a lineworker for the important work they do. On April 13, you can use #ThankALineworker on social media to show your support for the brave men and women who power our lives.



## A Community Partner Since 1937



### *Happy Retirement!*

After 32 years of service, Dixie Bowen has retired. While your presence will be missed in the office, the great work you did here ensures that you will not be forgotten anytime soon. Dixie worked in the Sylvester office as the CSR Supervisor. Thank you for being a tireless professional, a helpful coworker, and a good friend. *Now go and have fun!*

## How will you celebrate Earth Day?

Earth Day is considered one of the world's largest civic events, and on April 22, we can all be part of this global movement to help the environment.

**Look around your home for no-cost ways to be efficient.** Close the curtains in the summer and open them in the winter. Turn off your computers overnight. Also turn off video game consoles when they're not being used.

**Look for small steps you can take and DIY.** Caulk around drafty windows. Check the attic for the correct amount of insulation. Switch to LED light bulbs. Plant a deciduous tree on the sunny side of your house; in a few years the leaves will cool your home against the sun in summer, then fall off to warm it in the winter. Old cable TV boxes use a lot of energy. If yours is not ENERGY STAR-rated, call your cable provider and ask for a new one. If you have a major appliance – like a refrigerator, washing machine or dryer – that's more than 10 years old, don't repair it. The energy efficiency of a newer model will likely pay for itself with energy savings in a few years. Before buying any appliance, look for the ENERGY STAR label, and learn to read it and compare products.

**Audit your light bulbs.** Swapping out any remaining incandescent bulbs with LED bulbs can make a big difference in home efficiency, and it's one of the easiest ways to reduce your energy bill.

**Maintain your HVAC system.** Replace your home air filters to allow your HVAC system to run more efficiently.

Air filters prevent dust and allergens from clogging your HVAC system. Changing the filters makes your unit run more efficiently – keeping your home cooler in the summer and warmer in the winter.

Examine your smart or programmable thermostat. Make sure it is programmed for the current season and family schedule. This is one of the best tools at your fingertips, however, you can only achieve these efficiencies and savings if it is programmed properly and adjusted periodically to keep pace with changes in household routines.

**Seal window and doors.** Seal leaks with weather stripping and caulk to keep cool air indoors during warm months and prevent cold air from penetrating the indoors during colder months. Sealing gaps around piping, dryer vents, fans and outlets also help to seal the envelope and increase efficiency.

**Call Mitchell EMC about energy-saving programs** — They may be able to offer advice, appliance rebates or a home energy checkup. You might be surprised to find out what's really driving up your energy costs.

While these suggestions may not be glamorous actions worthy of a press release or event, they do make a difference. And we're always here to help if you want more information on how you can save energy. Stop by our office or give us a call.

As we celebrate Earth Day this April, let's continue to work together and make a positive impact on our local community – and our beautiful planet.

# LINEWORKER GEAR WORD SEARCH

Did you know lineworkers wear special protective gear to keep them safe while working on power lines and other electrical equipment?

Read the descriptions to learn about a lineworker's gear and find the **bolded words** in the puzzle below.

- **Safety goggles** keep debris away from lineworkers' eyes while on the job.
- **Hard hats** protect lineworkers from head injuries and falling debris.



- **Work boots** provide extra protection while lineworkers work with heavy materials that could fall near their feet.
- **Flame-resistant** clothing keeps lineworkers safe from electrical hazards.
- **Insulated gloves** protect lineworkers from electrical shock while working on power lines.
- **Equipment belts** hold several tools that lineworkers need to get the job done.



## Attention Farmers Just a reminder...

Time of Use (TOU) rates for irrigation systems begins on June 1. The TOU kWh cost is based on the time of day in which it is used. The rate will distinguish between ON-PEAK and OFF -PEAK usage. *\*TOU rates apply from June 1 through September 30.* If you have any questions, please do not hesitate to contact us at 229-336-5221 or 1-800-479-6034.

# Serving in 14 Southwest Georgia Counties...



## Every town is an important part of the American story.

Make sure your town's story is told by responding to the 2020 Census—the count of everyone living in the United States. When you do, you'll also help your town get the most out of the American dream.

### Responding Is Important for Your Community

Census responses provide data that can attract new businesses and the jobs that come with them. The data also informs where over \$675 billion in federal funding is spent each year in states and communities. That includes money for things like:

- Medicare Part B
- Special education
- Supplemental Nutrition Assistance Program
- Cooperative Extension Service
- Substance Abuse Prevention and Treatment Block Grant
- Water and waste disposal systems for rural communities

### Responding Is Safe

Your personal information is kept confidential by law.

### Responding Is Easy

To complete the census, answer a handful of questions online, by phone, or by mail. Choose the option that works best for you.

### Every Person Counts

Whether it's funding in communities across your state or helping determine the number of seats your state will have in the U.S. House of Representatives—every count makes an equal impact.

For more information, visit:

**2020CENSUS.GOV**

D-OP-RU-EN-037

Shape  
your future  
START HERE >

United States<sup>®</sup>  
Census  
2020

**Note:** If you move or no longer have electric service with Mitchell EMC, it is important that members keep their address current, so that future disbursements can be properly mailed. Capital credits are reserved for members even if they move out of the Mitchell EMC service area. Mitchell EMC will make a diligent effort to send a check by mail.

## Statement of Equal Employment Opportunity

All applicants for employment shall be considered and hired on the basis of merit, without regard to race, color, religion, sex (including pregnancy), age, national origin, disability, genetic information, or past or present military status. The employment practices shall ensure equal treatment of all employees, without discrimination as to promotion, discharge, rates of pay, fringe benefits, job training, classification, referral, and other aspects of employment, on the basis of race, color, religion, sex (including pregnancy), national origin, disability, age, genetic information, or past or present military status. M/F/V/DV/D



# WATT'S COOKING



## InstaPot Enchiladas

### Ingredients:

1 pound of ground meat  
1 tablespoon of olive oil  
4 cloves of garlic (minced)  
1 jalapeno seeded  
1 cup of low-sodium chicken broth  
2 8oz. cans of tomato sauce  
2 tablespoons of chili powder  
1 tablespoon of sugar  
1 teaspoon of cumin  
1 teaspoon of kosher salt  
A pinch of freshly ground pepper  
1 pound of ground meat  
12 tortillas  
Chopped cilantro for garnish  
1 cup of queso cheese

### Directions:

Brown the ground meat, drain. Sauté minced garlic & jalapeno. Add chicken broth, tomato sauce, spices, sugar, salt & pepper and stir. Add ground meat & set InstaPot to manual mode for 8 minutes, self-release valve when finished. Scoop & drain meat from sauce & fill tortillas. Top tortillas with queso cheese & remaining enchilada sauce. Bake in 8x10 baking dish at 375° for 8-10 minutes. Garnish with cilantro, serve & enjoy.

*Thanks!*

to **Brianne Heape**,  
Dougherty County, GA, for sharing this recipe.

## Share & Win!

Send us your favorite quick and easy dinner recipes. If your recipe is chosen for print, you can win a

**\$25 credit**

on your next Mitchell EMC bill.

Send recipes to: Heather Greene, P.O. Box 409,  
Camilla, GA 31730 or email to  
heather.greene@mitchellemc.com.